# How to Order



These glasses are designed to be used with one system out of RealD, Imax 3D or sunglasses. For MasterImage 3D and passive 3DTVs, select RealD glasses.

The first choice is the polariser. For the RealD glasses, select either RealD 3D or 2D (2D glasses convert 3D into 2D), depending on whether you would like 3D or 2D glasses. For Imax 3D glasses there are four options. These are for 3D or 2D glasses with either  $(0^{\circ}/90^{\circ})$  or  $(45^{\circ}/135^{\circ})$  polarisation. These angles relate to the orientation of the polarisation of the right and left images. In some Imax 3D cinemas these are set at 0° and 90°, and in others they are set at 45° and 135°. It is important to get this right as the incorrect ones will not work. We have listed a few Imax cinemas by the orientations used in the glasses description.

The next choice is the glasses case. You can choose one of the following glasses cases:



You will also get a microfibre lens cleaning cloth.



The next thing to select is an Rx insert. The Rx insert is designed to hold a pair of prescription lenses. If you are ordering non-prescription lenses you can choose to order a pair of unglazed inserts which you can take to your local opticians. You can also select this when ordering prescription glasses. If you do this, you must enter some values into the left and right spheres and cylinders drop-down menus, lens type and a pupillary distance. We recommend entering 0 into the spheres and cylinder options, single vision lenses and any number for the pupillary distance. You can also order a glazed insert. If you do, you must complete the prescription form (see below).

The last option is for optional spare polarisers. Although these glasses are primarily designed for use with only one system, it is possible to replace the polarisers. Just pick any spare polariser you would like. To replace the old ones, push them out from the inside. Then place the new ones from the outside. This may involve a small amount of gentle bending. This can be a little fiddly, particularly in a darkened room





Ordering RxMulti3D glasses is the same as the RxMono3D, except you can select more than one pair of polarisers. These are held in clip in lens holders which clip into the frames. You must select at least one pair. The 3D collection consists of 3D polarisers for RealD, Imax 3D (both  $(0^{\circ}/90^{\circ})$  and  $(45^{\circ}/135^{\circ})$  and sunglasses (four pairs for the price of three). The 2D collection is the same, except 2D instead of 3D polarisers. The RxMulti3D*i* has integrated prescription 3D lenses for RealD 3D and 2D only.

## **Prescription Lenses**

Peoples prescription consists of up to five sets of elements: spheres, cylinders, axis, additions and prism. There are six sets of these, three for each eye. These are for distance, intermediate and near vision. For single vision lenses, complete the two distance vision rows, even if the prescription is for longsightedness. Complete the near vision rows if ordering bifocals and all three for varifocal lenses. Make sure you select bifocal or varifocal lenses from the lens type menu if you want these, otherwise we will supply single vision lenses for distance by default, unless you tell us otherwise.

This is our form for entering your prescription details.



## Spheres (SPH)

The sphere is the strength of the lenses required to correct for lack of focus and is measured in Dioptres. A positive value is for long-sightedness (hyperopia), and minus for short-sightedness (myopia). Plano, Pl and  $\infty$  all mean zero power for spheres, so enter 0. Values can go from -48 to +40 in steps of 0.25. Our website currently supports spheres from -10 to +9 Dioptres. If you need something stronger, email and we will try to arrange something.

## Cylinder (CYL)

The cylinders is the measurement of astigmatism, which is where the eye is misshapen, shaped slightly like a rugby ball rather being spherical. This causes the eye to have difficulty in focusing at certain angles. This is measured in Dioptres and values range from -6 to +6 in steps of 0.25. Make sure you get the sign right. If no value is supplied, enter 0.

## Axis (AXIS)

The axis is the direction of the astigmatism and is given in degrees from 0° to 180°. This is only given if there is a value for cylinders other than 0. If this is the case, just leave this field blank.

## Additions (ADD)

The ADD (an abbreviation for reading addition) is the additional correction needed for reading and is used for reading, bifocal and varifocal glasses. It is a measurement of how much extra power above the distance prescription for near and intermediate vision and is given in Dioptres. Values range from +0.5 to +3.5 in steps of 0.25.

This is only required for reading and close work, with bifocal and varifocal lenses. If the glasses are only going to be used for distance vision, additions are not needed. If only one value is given, use it for both eyes. Additions are nearly always the same for each eye.

Prescriptions for bifocal and varifocal can written either with additions or with sets of spheres and cylinders. For example, the following prescription can be written thus:

	Spheres	Cylinders	Axis	Additions
Right	-2.00	-1.00	100°	+1.50
Left	-1.00	-0.75	40°	+1.50

Is the same as

	Spheres	Cylinders	Axis
Right Distance	-2.00	-1.00	100°
Right Near	-0.50	-1.00	100°
Left Distance	-1.00	-0.75	40°
Left Near	+0.50	-0.75	40°

and

	Spheres	Cylinders	Axis	Intermediate	Near
				Additions	Additions
Right	-2.00	-1.00	100°	+0.75	+1.50
Left	-1.00	-0.75	40°	+0.50	+1.25

Is the same as

Spheres	Cylinders	Axis
-2.00	-1.00	100°
-1.25	-1.00	100°
-0.50	-1.00	100°
-1.00	-0.75	40°
-0.50	-0.75	40°
+0.25	-0.75	40°
	Spheres -2.00 -1.25 -0.50 -1.00 -0.50 +0.25	SpheresCylinders-2.00-1.00-1.25-1.00-0.50-1.00-1.00-0.75-0.50-0.75+0.25-0.75

## Prism (PRISM)

Prisms are used to correct lazy eye and other special conditions which require the focus image to be moved, such as squint. This is measured in dioptres and ranges from 0.5 to 10 in steps of 0.25.

## Lens Type

We offer 5 lens types. These are single vision, bifocal (flat top), bifocal (circles), varifocals (progressives) and varifocal (degressives). Single vision are our basic lens which will correct for either short or longsightedness. Bifocals consists of two lenses, one inside the other. The inner lens can be either circular or half-circles. Varifocals are lenses with a range of strengths. There are two types of varifocal lenses, progressive and degressive. Progressive lenses prioritise distance vision over near vision, whereas degressive prioritise near vision over distance.



### **Pupillary Distance**

This is the distance between the centre of one pupil to the centre of the other, measured in millimetres. Normally this is given as one number, but can be given as two numbers. If they are the same, add them up, otherwise, enter their sum in the pupillary distance field and the two numbers

in the notes.

Unfortunately, opticians do not have to include this on their prescription form, and often choose not too, to encourage you to buy their glasses. However, ideally they should provide this, and if they do not, we recommend that you demand that they do. We particularly recommend you get an optician to measure your pupillary distance if the strength of your lenses is greater than  $\pm 4$ . If you cannot or do not want to go to your opticians for this, you can measure this yourself using one of the following methods:

#### Method 1: Ask your partner or friend to help you.

With your friend sat or standing at about the same height, have a ruler placed across the bridge of your nose upside down so that the millimetre or centimetre edge is closest to your eyes. Your friend then lines up the zero line in line with the centre of the left pupil (on their right) whilst closing their left eye. Then, without moving, measure the distance to the centre of the right eye, closing their right eye to do so. Closing their eyes will prevent parallax errors. Best results are achieved if you fix your gaze on the bridge of the nose of the person taking the measurement.



#### Method 2: Taking a measurement yourself using a mirror

This is easily measured looking in a mirror and using a ruler! Stand in front of a mirror at a distance of about 20cm (8 inches). Close your right eye and place your ruler flat against the mirror and align it horizontally with the millimetre scale pointing upwards. Looking over the top of the ruler with your left eye, align the zero mark of the ruler in the centre of your left pupil. Now open your right eye and close your left but keep your head still and the ruler in the same position. Read the millimetre measurement corresponding to the centre of your right pupil. To be sure, you can repeat this process a few times for consistency

#### Method 3: Marking pupils on your glasses With the help of a friend

Put your glasses on and ask your friend to stand in front of you and mark a dot on your glasses directly above your pupils left and right. **Please be sure to use a NON PERMANENT MARKER PEN**. With a ruler, measure the distance between the 2 dots

## **Examples of Prescriptions**

## NHS Form:



The prescription given on this form is:

	Spheres	Cylinders	Axis	Additions
Right	-0.75	-1.00	100	0
Left	-0.50	-0.75	100	0

The completed form should be as follows:

* Soheres - Right Distance	* Cylinders - Right Distance	Axis - Right Distance:	Additions - Right
-0.75	-1	100	Please Select N
Spheres - Right Intermediate:	Cylinders - Right Intermediate:	Axis - Right Intermediate:	Additions - Right Intermediate:
Please Select 🗸	Please Select 🗸		Please Select 🕔
Spheres - Right Near:	Cylinders - Right Near:	Axis - Right Near:	Additions - Right Near:
Please Select 👻	Please Select 👻		Please Select 💽
Prism - Right:	Prism Direction - Right:		
Please Select 🗸	Please Select 🗸		
		Axis - Left Distance:	
* Spheres - Left Distance:	* Cylinders - Left Distance:	100	Additions - Left:
-1.50 🗸	-0.75 🗸		Please Select 🕟
Spheres - Left Intermediate:	Cylinders - Left Intermediate:	Axis - Left Intermediate:	Additions - Left Intermediate:
Please Select 🗸	Please Select 🗸		Please Select 🕟
		Axis - Left Near:	and a second second second
Spheres - Left Near:	Cylinders - Left Near:		Additions - Left Near:
Please Select V	Please Select V		Please Select []
Prism - Left:	Prism Direction - Left:		
Please Select V	Please Select V		
Lens Type:	erreni)		
Single Vision	~		
Upload File			
65			
Spare Polarisers:			
RealD 3D (+£4.50)			
RealD 2D (+£4.50)			
	1		
Imax 3D (0°/90°) (+£3.00	lease of		
☐ Imax 3D (0°/90°) (+£3.00 ☐ Imax 3D (45°/135°) (+£3.	00)		
<ul> <li>Imax 3D (0*/90*) (+£3.00</li> <li>Imax 3D (45*/135*) (+£3.00</li> <li>Imax 2D (0*/90*) (+£3.00</li> <li>Imax 2D (0*/90*) (+£3.00</li> </ul>	, 00) )		
<ul> <li>Imax 3D (0<sup>5</sup>/90<sup>5</sup>) (+£3.00</li> <li>Imax 3D (45<sup>5</sup>/135<sup>5</sup>) (+£3.00</li> <li>Imax 2D (0<sup>5</sup>/90<sup>6</sup>) (+£3.00</li> <li>Imax 2D (0<sup>5</sup>/90<sup>6</sup>) (+£3.00</li> <li>Imax 2D (45<sup>6</sup>/135<sup>5</sup>) (+£3.00</li> <li>Suppliasses (+£2.50)</li> </ul>	, 00) ) 00)		
□ Imax 3D (0°/90°) (+£3.00 □ Imax 3D (45°/135°) (+£3. □ Imax 2D (0°/90°) (+£3.00 □ Imax 2D (0°/90°) (+£3.00 □ Imax 2D (45°/135°) (+£3. □ Sunglasses (+£2.50)	00) ) 00)		
□ Imax 3D (0*/90*) (+£3.00 □ Imax 3D (45*/135*) (+£3. □ Imax 2D (0*/90*) (+£3.00 □ Imax 2D (05*/135*) (+£3. □ Sunglasses (+£2.50) Notes:	00) ) 00)		
□ Imax 3D (0 <sup>+</sup> /90 <sup>+</sup> ) (+£3.00 □ Imax 3D (45 <sup>+</sup> /135 <sup>+</sup> ) (+£3. □ Imax 2D (0 <sup>+</sup> /90 <sup>+</sup> ) (+£3.00 □ Imax 2D (45 <sup>+</sup> /135 <sup>+</sup> ) (+£3. □ Sunglasses (+£2.50) Notes:	00) ) 00)		
□ Imax 3D (0 <sup>+</sup> /90 <sup>+</sup> ) (+£3.00 □ Imax 2D (45 <sup>+</sup> /135 <sup>+</sup> ) (+£3. ■ Imax 2D (0 <sup>+</sup> /90 <sup>+</sup> ) (+£3.00 □ Imax 2D (0 <sup>+</sup> /90 <sup>+</sup> ) (+£3.00 □ Imax 2D (4 <sup>+</sup> /135 <sup>+</sup> ) (+£3.00 □ Sunglasses (+£2.50) Votes:	00) ) 00)		

I confirm that I am 16 or over, not registered as blind or partially sighted and the prescription details are correct.

#### **Boots Opticians:**

Clinical data							
	Sphere	Cylinder	Axis	Prism	Base		
Right	-1.75	-0.50	40	0.5	in		
Left	2.50	0.25	145	0.5	IN		
	Reading						
Int	ermediate						
B	ack vertex distance						
	Distance acuity	Near acuity					
Right	6/6+	nS					
Left	616+	n5					
Correc	Suitable for contact lens trial						
~	Short sightedness (myopia)						
	Long sig	htedness (h	vperopia)				
~	Irregular (astigma	curvature o tism)	f the eye				
	Closewo	rk eg. readin	ng (presby	opia)			

The prescription for these glasses

	Spheres	Cylinders	Axis	Additions	Prism Prism Direction
Right	-1.75	-0.50	40	0	0.50 In
Left	-2.50	-0.25	145	0	0.50 In

The completed online form should be as follows:

#### \* Rx Insert: O Unglazed insert (Enter 0 into required fields) (-£20.00) Glazed Rx Insert (Complete the form below) Axis - Right Distance: \* Spheres - Right Distance: \* Cylinders - Right Distance: 40 Additions - Right : . --- Please Select --- 🗸 -1.75 -0.5 Spheres - Right Intermediate: Cylinders - Right Intermediate: Axis - Right Intermediate: Additions - Right Intermediate: --- Please Select --- 👽 --- Please Select --- 🗸 Axis - Right Near: Spheres - Right Near: Cylinders - Right Near: Additions - Right Near: --- Please Select --- V --- Please Select --- V --- Please Select --- ៴ Prism Direction - Right: Prism - Right: V In 0.5 (+£3.60) v \* Spheres - Left Distance: \* Cylinders - Left Distance: 145 Axis - Left Distance: Additions - Left : -2.50 -0.25 🗸 --- Please Select --- 🗸 ~ Cylinders - Left Intermediate: Spheres - Left Intermediate: Axis - Left Intermediate: Additions - Left Intermediate: --- Please Select --- 👻 --- Please Select --- 🗸 Axis - Left Near: Spheres - Left Near: Cylinders - Left Near: Additions - Left Near: --- Please Select --- 👽 --- Please Select --- 👽 --- Please Select --- 🗸 Prism - Left: Prism Direction - Left: 0.5 (+£3.60) v In ~ \* Lens Type: \* Single Vision Prescription Form Upload: \* Pupillary Distance (mm): 68 ~ Spare Polarisers: □ RealD 3D (+£4.50) □ RealD 2D (+£4.50) Imax 3D (0°/90°) (+£3.00) Imax 3D (45°/135°) (+£3.00) Imax 2D (0°/90°) (+£3.00) Imax 2D (45°/135°) (+£3.00) Sunglasses (+£2.50) Notes:

\* Agreement Confirmation:

I confirm that I am 16 or over, not registered as blind or partially sighted and the prescription details are correct.

## Tesco Opticians

Sp	pectacle	prescrip	tion				Prism horz.			Prism vert.			
	Sph	Cyl	Axis	Near Ad	d Inter Add	Dist		Near	Int	er	Dist	Near	Inter
R	-1.75	-0.50	60.0	+0.75						20			
L	-2.25	-0.50	145.0	+0.75							19159		1.
B	/D: mm		1	L. C.									
i	festyle r	equirem	ents:										
4	tvice / d	iscussio	ns		M. LINE		+						
Si	ngle Vis	ion Distar	nce		Contact lens	es				M	AR		
Si	ngle Vis	ion Near	9.5.5		Standard Ler	ns				Ph	otochromic		
Bi	focals				Thin & Lite			- 17		Tir	nt/UV		
Va	arifocals		N		Supathin	N.S.		18.00		Po	larised		
M	ade For	You			Ultrathin					Dr	ivevision		
E	ite				Child Aspher	ic				Su	perdrive Da	y	
P	remium									Su	perdrive Ni	ght	
B	asic				1			1		-	and the second	and a	
Si	ngle Vis	ion Intern	nediates					100m					
A	dditiona	al tests re	auired		Recommend	ations		-	COLUMN T				
N	0	CONTRACTOR OF CONTRACTOR	CONTRACTOR OF CAR	CALIFORNIA CONTRACTOR				CONTRACTOR OF		Cartle Holdes	(Inclusion of the local of the	A designation of the second	CALCULAR DE LA CALCOLINA

The prescription for these glasses

	Spheres	Cylinders	Axis	Additions
Right	-1.75	-0.50	60	+0.75
Left	-2.25	-0.50	145	+0.75

The completed online form should be as follows:

* Soheres - Right Distance:	* Cylinders - Right Distance:	Axis - Right Distance:	Additions - Right D	istanc
-1.75	-0.5	60	+0.75	-
Spheres - Right Intermediate:	Cylinders - Right Intermediate:	Axis - Right Intermediate:	Additions - Right	
Please Select 💌	Please Select 💌		Please Select	💌
Cohoros Dight Noor	Culindora Bight Noor	Axis - Right Near:	Additiona Dight N	0.017
Please Select V	Please Select V		Please Select	<b>-</b>
Driem Bight:	Driem Direction Bight:		1 Heade deleter	
Please Select V	Please Select V			
		Axis - Left Distance:		
* Spheres - Left Distance:	* Cylinders - Left Distance:	145	Additions - Left Dis	tance
-2.25	-0.5		+0.75	-
Spheres - Left Intermediate:	Cylinders - Left Intermediate:	Axis - Left Intermediate:	Additions - Left Intermediate:	
Please Select 💌	Please Select 💌		Please Select	🔻
		Axis - Left Near:		
Spheres - Left Near:	Cylinders - Left Near:		Additions - Left Ne	ar:
Please Select 📩	Please Select 💌		Please Select	<b>•</b>
Prism - Left:	Prism Direction - Left:			
Please Select 💌	Please Select 💌			
Lens Type:				
Bifocal (flat top) (+£25.00)	-			
Upload File Pupillary Distance (mm): 65				
Spare Polarisers:				
RealD 3D (+£4.50)				
Imax 3D (0°/90°) (+£3 00	)			
Imax 3D (45°/135°) (+£3.	.00)			
Imax 2D (0°/90°) (+£3.00	))			
Imax 2D (45°/135°) (+£3.	00)			
Sunglasses (+£2.50)				
Notes:				

\* Agreement Confirmation:

## NHS Form for bifocal lenses:



Spheres	Cylinders	Axis
-0.75	-1.00	100
+1.50	-1.00	100
-0.50	-0.75	100
+0.75	-0.75	100
	Spheres -0.75 +1.50 -0.50 +0.75	SpheresCylinders-0.75-1.00+1.50-1.00-0.50-0.75+0.75-0.75

The completed online form should be as follows:

\* Rx Insert:

- O Unglazed insert (Enter 0 into required fields) (-£20.00)
- Glazed Rx Insert (Complete the form below)

* Spheres - Right Distance:	* Cylinders - I Distance:	Right	Axis - Right Distance: 100	Additions - Right Distance :
-0.75	-1	~	100	Please Select 🗸
Spheres - Right Intermediate:	Cylinders - Ri Intermediate:	ght	Axis - Right Intermediate:	Additions - Right Intermediate:
Please Select 🗸	Please Se	ect 🗸		Please Select 🗸
			Axis - Right Near:	
Spheres - Right Near:	Cylinders - Ri	ght Near:	100	Additions - Right Near:
1.5	-1	$\checkmark$		Please Select V
Prism - Right:	Prism Direction	on - Right:		
Please Select 🗸	Please Se	ect 🗸		
			Axis - Left Distance:	
* Spheres - Left Distance:	* Cylinders - I	eft Distance	100	Additions - Left Distanc
-0.50 🗸	-0.75	$\checkmark$		Please Select 🗸
Spheres - Left Intermediate:	Cylinders - Le Intermediate:	eft	Axis - Left Intermediate:	Additions - Left Intermediate:
Please Select V	Please Se	ect 🗸		Please Select V
			Axis - Left Near:	
Spheres - Left Near:	Cylinders - Le	eft Near:	100	Additions - Left Near:
0.75	-0.75	~		Please Select 🗸
Prism - Left:	Prism Direction	on - Left:		
Please Select V	Please Se	ect 🗸		
Lens Type:				
Bifocal (circles) (+£25.00)	~			
Prescription Form Upload:				
Upload File				
Pupillary Distance (mm):				
66 🗸				
Spare Polarisers:				
RealD 3D (+£4.50)				
RealD 2D (+£4.50)				
Imax 3D (0°/90°) (+£3.0	0)			
Imax 3D (45°/135°) (+£3	3.00)			
Imax 2D (0°/90°) (+£3.0	0)			
Imax 2D (45°/135°) (+£3	3.00)			
Sunglasses (+£2.50)				
Notes:				
		~		

\* Agreement Confirmation: I confirm that I am 16 or over, not registered as blind or partially sighted and the prescription details are correct.

## NHS Varifocal Prescription:

Pre	escripti	on or s	tateme	nt								
I te	sted the	sight of	the above	e patient t	oday in a	ccordance	with the	regulation	ns and:			
1	The	patient v	was referr	ed to thei	r GP or O	phthalmic	hospital					
1	No p	rescripti	on was re	quired								
1	An u	inchange	ed prescrip	otion was	issued							
1	A ne	w or cha	anged pre	scription v	vas issued	ł						
1	Avo	ucher w	as issued:									
	First	voucher	type:	n	Supp	lements:		omplex	/ P	rism 🔽	Tim	
	Seco	nd vouc	her type:	14	Supp	lements:	/ 0	omplex	/ P	rism 🗸	Tin	t
Provide a		E. C.	1						1		1 - Contraction	
R	Sph	Cyl	Axis	Prism	Base	T	Sph	Cyl	Axis	Prism	Base	L
G	40	100	100	and and		Distance	150	621	100	-	-	F
Ŧ	/		Add	+1.00	Inter	Near		1	Add	+1.75	Near	T
Cor	mments:						-1001	-D(	10 10	2		Research
						4	1301	40	\$ 10	0		
								8	1			
				-								
										0		

	Spheres	Cylinders	Axis	Intermediate Additions	Near Additions
Right	-0.75	-1.00	100	+1.00	+1.75
Left	-1.50	-0.75	100	+1.00	+1.75

The completed form would look like this:

\* Rx Insert:
 Unglazed insert (Enter 0 into required fields) (-£20.00)
 Glazed Rx Insert (Complete the form below)

* Spheres - Right Distance:	* Cylinders - Right Distance:	Axis - Right Distance:	Additions - Ri	ight:
-0.75	-1	100	Please Sel	lect 🗸
Spheres - Right Intermediate:	Cylinders - Right Intermediate:	Axis - Right Intermediate:	Additions - Ri Intermediate:	ight
Please Select 🗸	Please Select 🗸		1	~
Spheres - Right Near:	Cylinders - Right Near:	Axis - Right Near:	Additions - Ri	ight Near
Please Select 🗸	Please Select V		1.75	~
Prism - Right: Please Select 💙	Prism Direction - Right:			
* Spheres - Left Distance:	* Cylinders - Left Distan	Axis - Left Distance:	Additions - Le	eft:
-1.50	-0.75	100	Please Sel	lect 🗸
Spheres - Left Intermediate:	Cylinders - Left Intermediate:	Axis - Left Intermediate:	Additions - Le Intermediate:	əft
Please Select 🗸	Please Select 🗸		1	~
		Axis - Left Near:		
Spheres - Left Near:	Cylinders - Left Near:		Additions - Le	aft Near:
Driem Loff:	Driem Direction Loff:		1.75	
Prisin - Leit.	Prisin Direction - Leit.			
* Lens Type:				
Varifocals (Progressives) (+	£45.00) 🗸			
Prescription Form Upload: Upload File				
* Pupillary Distance (mm):				
68 🗸				
Spare Polarisers:				
RealD 3D (+£4.50)				
□ RealD 2D (+£4.50)				
Imax 3D (0°/90°) (+£3.00	U)			
Imax 3D (45*/135*) (+±3	6.00) D			
Imax 2D (0 /90 ) (+£3.00	u)			
Sunglasses (+£2 50)				
NOLES:				
		^		
		U		
* Agreement Confirmation:				

I confirm that I am 16 or over, not registered as blind or partially sighted and the prescription details are correct.

Alternatively, the prescription is the same as this:

Spheres	Cylinders	Axis
-0.75	-1.00	100
+0.25	-1.00	100
+1.00	-1.00	100
-1.50	-0.75	100
-0.50	-0.75	100
+0.25	-0.75	100
	Spheres -0.75 +0.25 +1.00 -1.50 -0.50 +0.25	SpheresCylinders-0.75-1.00+0.25-1.00+1.00-1.00-1.50-0.75-0.50-0.75+0.25-0.75

The completed form will look like this:

\* Rx Insert: O Unglazed insert (Enter 0 into required fields) (-£20.00)

Glazed Rx Insert (Complete the form below)

* Spheres - Right		* Cylinders - Right	t	Axis	<ul> <li>Right Distance:</li> </ul>	
Distance:		Distance:		100		Additions - Right:
-0.75	$\sim$	-1	$\sim$			Please Select V
Spheres - Right Intermediate:		Cylinders - Right Intermediate:		Axis	- Right Intermediate:	Additions - Right Intermediate:
0.25	$\checkmark$	-1	$\checkmark$			Please Select 🗸
				Axis	- Right Near:	
Spheres - Right Ne	ear:	Cylinders - Right I	Near:	100		Additions - Right Near:
1	$\sim$	-1	$\checkmark$			Please Select 🗸
Prism - Right:		Prism Direction - I	Right:			
Please Select	- 🖌	Please Select -				
				Axis	- Left Distance:	
* Spheres - Left Di	stance:	* Cylinders - Left I	Distance	100	- Left Distance.	Additions - Left:
-1.50	$\checkmark$	-0.75	$\sim$			Please Select 🗸
Spheres - Left		Cylinders - Left		Axis	- Left Intermediate:	Additions - Left
Intermediate:		Intermediate:		100		Intermediate:
-0.50	$\checkmark$	-0.75	$\checkmark$			Please Select 🗸
				Axis	- Left Near:	
Spheres - Left Nea	r:	Cylinders - Left Ne	ear:	100		Additions - Left Near:
0.25	$\sim$	-0.75	$\sim$			Please Select 🗸
Prism - Left:		Prism Direction - I	_eft:			
Please Select	- 🖌	Please Select -				
Lens Type:						
Varifocals (Degress	sives) (+	£45.00) 🗸				
Prescription Form	Upload:					
Upload File						
* Pupillary Distance	e (mm):					
68	$\sim$					
Spare Polarisers:						
RealD 3D (+£4.	50)					
RealD 2D (+£4.	50)					
Imax 3D (0°/90°)	) (+£3.00	0)				
L Imax 3D (45°/13	15°) (+£3	.00)				
Imax 2D (0°/90°)	) (+£3.00	0)				
L Imax 2D (45°/13	15°) (+£3	.00)				
Sunglasses (+£2	2.50)					
Notes:						
101001						
			^			
			~			

\* Agreement Confirmation: ☑ I confirm that I am 16 or over, not registered as blind or partially sighted and the prescription details are correct.